

The Perfect Man For Me Checklist

Physical Traits

- Hair – no ponytails or combovers please
- Clean shaven – moustache and beard give me an instant rash
- No tattoos or body piercings – I'm a purist – enough said
- Tall – 5'10"+ so you can look me in the eye(s) when I'm wearing heels
- Fit – you can make it up a set of stairs without having a heart attack
- Healthy – your doctor is not on your speed dial
- Attractive – subjectively speaking of course
- Circumcised – no need to search under the hood

Personality Traits/Beliefs

- Emotionally and mentally sound – post therapy
- Enjoy life – wherever, whenever
- No addictions – alcohol, tobacco, drugs (including Viagra), television, porn
- Healthy dose of self-esteem – without needing to be heard 24/7
- Do not view sex as sport – you stopped counting “conquests” years ago
- Done playing mind games – you are a grown up
- Write your own rules – not concerned with what others think
- Friends and colleagues consider you loyal and honest – you do the right thing. Period
- Do not need a crowd – enjoy spending time alone
- Have no trouble expressing yourself – but know when to shut up
- Spontaneous – don't need to consult your 3 year plan before making a decision

Activities (work and play)

- Thrive on what you do professionally – to you work = passion
- Already experienced major career achievements – you make your dreams come true
- Love traveling and exploring the world – in first class style
- Enjoy reading – beyond Sports Illustrated and USA Today
- Collect and/or appreciate art – deer mounted over the fireplace doesn't count
- Listen to all types of music – but not a country music or hard rock and metal fanatic
- Enjoy sports as a pastime – but watching ball games on TV is not a fulltime obsession
- Donate time and/or money to community and charitable causes – you believe in giving back and making a difference
- Interested in news and current affairs – we're not talking Nancy Grace on CNN Headline News
- Like ethnic foods – you're not just a meat and potatoes man and are willing to experiment
- Like to work out, run, hike, bike, swim – for fun, not competition

Other

- College/university educated – no online diplomas
- Financially secure – past starving artist stage
- Wear clothes and shoes that match – don't own a "man purse" or fanny pack
- Organized – but no OCD
- Charismatic – but not slick
- Considerate – snoring is not meant to be a shared experience
- Close ties with family and friends – but you don't live with your parents or ex-wife
- Not carb-phobic – bread and rice are your friends
- No prejudices – even while driving
- No cats - I'm allergic (and yes, I've tried getting shots)

For extra points

- Jewish – but not Orthodox
- Orphan – no in-laws (remember the Fockers?)
- Enjoy foreign films – with subtitles
- Speak a foreign language – well
- Play a musical instrument and/or sing – in tune
- Artistic ability – you have a way with: words, drawing, painting, sculpture
- Know your way around a kitchen – beyond the microwave
- Love New York City – whether you live there or not
- Love dogs – but not pit bulls or small dogs that fit in a "doggy purse"
- Love the ocean – the sand, salt air and crashing waves induce instant joy
- Love fast cars – driving them, not following NASCAR races around the country
- Love me – someday